

SALADS, SOUPS, & QUICHE

Add warm rotisserie chicken to any salad \$2.50

Add cold smoked salmon to any salad \$4.50

Add warm marinated tofu to any salad \$1.50

Dressings: All dressings are gluten free - Blue Cheese, Lemon Dill Ranch, Greek, Caesar, Chipotle Ranch, Apple Fig Vinaigrette, Balsamic Vinaigrette

🌱 All salads are Gluten Free except for baguette and croutons. Substitute GF crackers upon request.

🌱 White flatbread is vegan / substitute for baguette- \$1.00

🌱 **Garden Salad** \$7.75

Carrot, cucumber, red onion, and tomato on top of a bed of spring greens with your choice of dressing

Caesar Salad \$8.75

Romaine iceberg blend topped with Parmesan cheese, croutons, and UO&V truffle balsamic glaze with a side of Caesar dressing. (Croutons are not gluten free)

Greek Salad \$9.75

Romaine iceberg blend, tomato, red onion, cucumber, Kalamata olive, pepperoncini, and feta cheese with Greek dressing. Add warm sliced gyro for \$2.50

Urban Salad \$9.75

Beets, red onion, granny smith apple, dried cranberry, candied pecan, and goat cheese on top of spring greens with house made apple fig balsamic vinaigrette

St. Croix Cobb Salad \$12.75

Romaine iceberg lettuce blend, tomato, red onion, blue cheese, hard-boiled egg, ham, bacon, and turkey with your choice of dressing

Black Bean Quinoa Salad \$9.75

Red quinoa, tomato, roasted red pepper, feta cheese, fresh cilantro, scallion, and chili lime black bean salsa on a bed of spinach with a lime wedge

🌱 **Asparagus Cashew Quinoa Salad** \$9.75

Red quinoa, diced asparagus, cashews, roasted red pepper, green onions and an orange marmalade coconut sauce on a bed of spinach topped with toasted coconut and an orange slice

Today's Soups \$4.75 \$7.75

Mushroom Caramelized Onion and Brie,
Tomato Basil (GF with no crostini),
Soup of the Day

Soup Sampler \$8.75

Can't decide which soup to get? Try three!

🌱 **Chef's Quiche & Fruit** \$8.75

Rotating flavors of our popular homemade gluten free quiche served with fresh fruit and a mini muffin (muffin not gluten free)

Urban Combo - Choose any 2 \$9.75

Your choice of a small garden, Caesar, or Greek salad, or a cup of one of our delicious soups, or our homemade quiche

SANDWICHES

Sandwiches & wraps served with veggies and lemon dill ranch dip. Add kettle chips for \$1.25. Add 1 small garden or Caesar salad or cup of soup per sandwich, \$4.00.

Choice of flatbread or ciabatta: white or wheat.

All sandwich ingredients are Gluten Free except for bread. Substitute GF bread for \$2.00

Urban Fig & Chicken \$8.75

Rotisserie chicken, fig spread, Havarti, spring mix

Grown Up Grilled Cheese \$7.75

Havarti & Swiss cheese, granny smith apples & honey

Smoked Pork Philly \$9.75

Pulled smoked pork, caramelized onion, roasted red pepper, and provolone cheese with a chipotle cherry barbeque sauce and mustard seeds

Cranberry Turkey & Swiss \$8.75

Turkey breast, Swiss cheese, caramelized onion, dried cranberries, spring greens, and cranberry aioli

Cuban \$9.75

Baked ham, pulled smoked pork, Swiss cheese, pickles, mayo, and mustard

Greek Gyro with Tzaziki \$9.75

Warm gyro meat (lamb & beef) with lettuce, tomato, cucumber, red onion, pepperoncini, and tzaziki sauce on toasted white flatbread. (Gyro meat is not gluten free)

Tuscan Salami \$8.75

Italian salami, roasted red pepper, sun dried tomato, provolone cheese, basil pesto aioli, and spring mix

Portabella Veggie \$8.75

Roasted portabella, roasted red pepper, sun-dried tomato, caramelized onion, dill, provolone, spring mix, and an onion & garlic sauce. Vegan without cheese

Beyond Hot Italian \$9.75

100% plant-based Beyond brand hot Italian sausage with lettuce, giardiniera vegetables and hummus on warm white flatbread (not GF).

WRAPS

Substitute GF wrap for \$2.00

Chicken Caesar Wrap \$8.75

Romaine, tomato, Parmesan cheese, cold rotisserie chicken, Caesar dressing, wrapped in a spinach tortilla

Spicy Asian Chicken Wrap \$9.75

Romaine, cabbage, cilantro, red pepper, cold rotisserie chicken, spicy Thai peanut sauce in a spinach tortilla

Avocado BLT Wrap \$8.75

Crumbled bacon, romaine lettuce, tomato, red onion, and avocado aioli wrapped in a spinach tortilla

🌱 **Sweet Thai Chili Stir Fry Tofu Wrap** \$8.75

Romaine, cabbage, cilantro, green onion, red pepper, carrot, snap peas, seasoned baked tofu and a sweet Thai chili sauce in a spinach tortilla.

— Vegan without lemon dill dip (ask for balsamic dip instead!)

SMALL PLATES

GF GF = Gluten Free INGREDIENTS. If GF is desired, GF crackers or bread are available for an upcharge.

V White Flatbread is vegan / substitute for baguette- \$1.00

GF **Caprese & Baguette** \$8.75

A medley of mozzarella, tomatoes and fresh basil on top of spinach. Topped with olive oil, balsamic glaze and stromboli seasoning. Served with fresh baguette (not GF).

GF **Warm Goat Cheese & Fig Jam** \$9.75

Goat cheese topped with fig, pecans and fig balsamic glaze. Served with fresh baguette (not GF).

GF V **Mango Salsa Guacamole** \$7.75

A blend of mango salsa and guacamole served with tortilla chips.

GF V **Avocado Watermelon Pizza** \$9.75

Fresh watermelon wedges topped with avocado, red onion, cilantro, lime, feta, and cilantro lime balsamic from Grand Fete.

— Vegan without feta

GF **Berry Mint Watermelon Pizza** \$9.75

Fresh watermelon wedges with berries, almonds, mint from The Purple Tree's garden, goat cheese, preserves and chocolate balsamic from Grand Fete.

— Vegan without goat cheese

GF V **Spring Rolls** \$8.75

Fresh spring rolls made with rice noodles, spinach, asparagus, carrot, green onion, roasted red pepper, cucumber, zucchini, cilantro, pickled ginger and tofu. Served with your choice of spicy cranberry habanero or mild pineapple teriyaki (teriyaki sauce not GF).

Baguette and Olive Oil Board \$6.75

A selection of Urban Olive & Vine seasoned olive oils and fresh baguette.

GF **Nibble Plate** \$11.75

Sun-dried tomato pesto, Kalamata olive tapenade, basil pesto, goat cheese with balsamic glaze, and mixed olives. Served with crackers and baguette (not GF).

GF V **Hummus & Veggies** \$8.75

Select from traditional, Kalamata olive, basil pesto, or sun-dried tomato. Served with toasted flatbread (not GF) and fresh veggies. Basil pesto is not vegan.

GF **Hot Pepper Raspberry Brie** \$9.75

Warm Brie topped with Robert Rothschild Hot Pepper Raspberry sauce and sliced almonds. Served with fresh baguette (not GF).

Spinach & Feta Stuffed Pretzel \$7.75

Jumbo pretzel stuffed with spinach and feta cheese, baked and topped with garlic olive oil and crumbled feta cheese. Served with Greek dressing.



URBAN OLIVE & VINE

HUDSON, WISC.

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Urban Olive and Vine



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GF Most menu items can be prepared gluten free with the substitution of GF crackers (for baguette), GF bread or a GF wrap. Please let your server know of any food sensitivities; we will do our best to accommodate.